

ALAC Social Sports Terms & Conditions

Participant Information

Participants must provide accurate personal information including full name, date of birth, address, emergency contacts, and medical information. For participants under 18 years, parental/guardian contact information and consent are required.

Risk Acknowledgment

Participation in physical activity involves inherent risks, including but not limited to muscular strains, ligament and tendon sprains, fractures, neck and spinal damage, heart attack, stroke, or psychological illness. Participants understand these risks may impact future abilities and general enjoyment of life.

Assumption of Responsibility

By participating, you agree to assume full responsibility for all risks of injury or illness associated with the use of ALAC facilities and services.

Waiver of Liability

Participants and their guardians waive all claims against ALAC, its employees, volunteers, and agents for any injury, illness, or adverse change in health arising directly or indirectly from participation, except where caused by reckless negligence.

Indemnification and Release

Participants agree to indemnify, release, and hold harmless ALAC and its staff for any costs incurred, including medical treatment, emergency transport, legal costs, or other expenses resulting from participation or actions of other facility users.